



Sunday March 19th
with Rabbi David Jaffe

the annual Adrienne Kohn Spiritual Growth Day at
Adat Shalom Reconstructionist Congregation

Three Paths of Spiritual Growth: Mussar, Hasidut, and Tikkun Olam

- 9:30-10:00 Schmooze over coffee
- 10:00-11:45 Introduction and Session I:
Mussar (applied Jewish ethics) as a Spiritual Discipline
- 11:45-12:45 Lunch (vegetarian; RSVP required) & mindful
- 12:45-2:15 Session II:
Dismantling Racism from the Inside Out: Practical Application of Mussar for Social Change
- 2:30-4:00 Session III:
**Ratzon, or Clarifying our Desires:
Hassidut (applied Jewish mysticism) as a Spiritual Discipline**



Rabbi David Jaffe founded the Kirva Institute, and leads the Inside Out Wisdom and Action Project. His widely acclaimed *Changing the World from the Inside Out: A Jewish Approach to Personal and Social Change* won the National Jewish Book Award for Contemporary Jewish life.

David's teaching, writing, organizing and consulting explore the intersection of moral and spiritual development and ethical action in the world. He teaches Mussar (applied Jewish ethics) and Jewish spiritual wisdom widely throughout North America with organizational and social change leaders, educators and spiritual seekers of all ages.

A founding board member of Avodah: The Jewish Service Corps, and helped start the Greater Boston Interfaith Organization, an IAF affiliate. He has an MSW from Columbia Univ., and private rabbinic ordination from Israel. Previously a visiting research fellow at Boston Univ. and adjunct faculty at the Hebrew College Rabbinical School, David is now Co-President of the Board of Directors of the Brockton Interfaith Community. He lives with his family in Sharon, MA.

Adrienne Kohn (z"l), a giant in our community, lives on through Garry Grossman and us all